

Insider.

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Every October, people from all around the world show their support for people affected by breast cancer. Now more than ever, it's important to come together and raise awareness, volunteer, or raise funds to help save lives and find a cure. Another way to spread the word is to share the information regarding early detection. Hope is a strong ally in this fight.

Let's do our part to be proactive and learn all we can. For more information, visithere.

The Health Insurance Open Enrollment Period is Almost Here. Are You Covered?

Your health, financial, and family situations may not stay the same from year to year. Now is the time to reevaluate your health insurance benefits. The Open Enrollment Period to switch or join a healthcare plan runs from Sunday, November 1 through Tuesday, December 15. Finding a new plan that meets your financial and health needs doesn't have to be a hassle. We can help! Our professional agents are available to find the right coverage for you.

If you have any questions, would like a free quote, or need a better explanation of coverage, visit your local Estrella Insurance or call 1-888-511-7722.



Enjoy a Spook-tacular Halloween at Home!



Looking for ideas to celebrate a fun and creative Halloween at home? There are a bunch of ways you can get into the spirit and have an epic time! Get your costumes ready, bust out your favorite candies, and plan for some wickedly safe outdoor activities. Here's a list of some of the best ways you and your family can have the happiest of Halloweens!

- 1. Go "ghosting" What's ghosting? It's when you make a treat bag full of goodies for a friend or neighbor, leave it on their doorstep with a note inside, and ask them to pass it on (as in, make a new treat bag and "ghost" someone else).
- 2. Play a Halloween game This year, Halloween falls on a Saturday. Which means you have all day to celebrate! A Jack-O'-Lantern bean-bag game, the game of trivia or charades is sure to be a hit.
- 3. Make a Halloween playlist A boo-tiful Halloween isn't complete without some fang-tastic tunes. Blast your favorites and have a dance party or play a game of freeze dance.

For more ideas, check outthis <u>article</u>.

Treat Yourself to a "Daycation"

Whether you're looking to relax or try a new restaurant, a good day trip is sure to deliver unforgettable memories. Even if it's just for one day, taking some time away from work to disconnect will bring the family together and boost your happiness. With a little research, you can discover that a great beach or park you've never been to is only a couple of hours away. That's enough time to pack your bags in the morning and make it back home in time to watch the sunset.

Thinking a vacation might be out of the budget? Save money by switching to Estrella Insurance. Call or visit us for a quote.





Distracted Driving: Tips to Follow

Most drivers know that texting while driving is dangerous. But this is just one type of distraction that should be avoided. On average, distracted driving caused more than 1,000 injuries and kills nine people every day in the United States, according to the National Highway Traffic Safety Administration (NHTSA).

Here are three tips you should know to prevent an accident.

- 1. Put the phone away. Avoid temptation and unnecessary distractions by keeping it out of sight. If you must text or read an email, pull off the road and stop.
- 2. Know where you're headed. If you're inputting an address into a navigation system or app, do it before you start driving. If you're changing course or are lost, pull over and take the time to enter the destination once you've stopped.
- 3. Avoid reaching. Resist the urge to grab items that are out of reach or fall while driving.

To find out more statistics related to distracted driving, visit **here.**

Why Choose Estrella?

Remember that you can always find the **LOWEST price**, **guaranteed**, on insurance with Estrella Insurance. Contact us today to discuss your needs.

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