



# Insider.

Auto • Commercial • Home • Boat • Motorcycle • Health

## FAD OR THE FUTURE?

The adoption of telehealth services exploded during the lockdowns associated with COVID-19. A virtual appointment allowed patients to “see” their doctor on a computer, tablet, or smartphone via specialized online platforms.

There are some benefits to telehealth medicine:

- Provides better access for people in remote or underserved communities
- Provides easier access for people with mobility issues, illness, or lack of reliable transportation
- Improves access to mental health services
- Improves coordination for people with chronic health conditions
- Cuts down on travel time to appointments
- Allows parents to see a doctor without leaving their children at home by themselves

Now that some places have begun to relax stay-at-home restrictions, will the trend continue? Healthcare experts and lawmakers weigh in. Click [here](#) to read more about this new tool that could revolutionize the delivery of healthcare services.

## Grandparents' Appreciation



We love our grandparents for their unconditional love and wisdom. This month we celebrated **National Grandparents' Day**, and want to ensure you stay safe on the road. We've put together some smart driving tips for Seniors:

1. Stay active physically
2. Have your vision and hearing checked regularly
3. Manage your medications properly
4. Make adjustments for physical limitations
5. Avoid driving at night or in bad weather if necessary
6. Never get distracted by your cell phone

[Learn more](#) driver safety tips no matter your age!

## Child Passenger Safety Awareness Week

September 20th to 26th is National [Child Passenger Safety Awareness Week](#).

Car seats are the safest way to drive with infants and young children in the car. There are also rules for school-aged children and tweens. It's important to be aware of federal/state guidelines and individual manufacturer's guidelines for car seats and different car models.

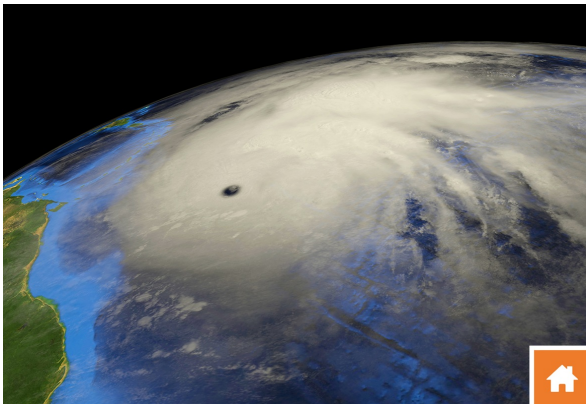
We thought it would be a good idea to review some safety tips:

- Infants/toddlers should be in a rear-facing car seat for up to 2 years or 22-25 lbs.
- Preschoolers should be in a forward-facing seat up to age 5 or 65 lbs.
- School-aged children should be in a booster seat till they're 8-12 years or 4'9"
- Car seats should be anchored with either a seat belt or LATCH system (don't use both!)
- Children up to age 13 should only ride in the backseat

[Review more safety tips](#) to protect your precious cargo.



## The Aftermath of Hurricane Laura



Property information, analytics, and data provider, CoreLogic, has estimated that residential and commercial losses from Hurricane Laura will add up to \$8 billion - \$12 billion. The monster storm cut a swath across Louisiana, Texas, Arkansas, Tennessee, and beyond. These areas sustained damage from high winds and flooding.

Don't wait for the next storm to make sure you have adequate homeowners and auto insurance to cover YOUR losses if a hurricane or tropical storm should hit in your area. Be sure to have flood insurance, as well. (This is usually not included in most homeowner's policies!)

Visit [here](#) for more details.

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